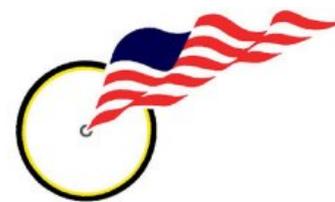


July 2005

USA Cycling News



USA CYCLING

www.usacycling.org

94 stars and stripes jerseys awarded at the Park City Cycling Festival

The 2nd annual Park City Cycling Festival took place last month as all levels of competitive cycling converged on the Utah resort town for 12 days of non-stop action. 94 national titles were awarded to top riders at the junior, U23, elite, master, and paralympic levels.

The elite racing featured Olympic and World Championship medalists. 2004 Olympian Kristin Armstrong rode to victory in the women's time trial, while Chris Baldin took the men's title. In the elite road race, Katheryn Curi experienced her most impressive race to date and earned her first national title, while mountain bike star Carl Decker claimed the men's road race title.

Three young riders earned spots on U.S. World Championship teams with time trial wins at Antelope Island. Chris Stockburger and Shannon Koch won the junior 17-18 events, while Steven Cozza secured his invite with a U23 time trial win.

For full results from all categories of racing, visit www.usacycling.org.



Clockwise from top: Robby Robinette won the men's 40-44 RR; Kim Geist won the junior women's 17-18 crit; Kristin Armstrong took the title in the elite women's time trial.

Photo by Casey Gibson

MEMBER SPOTLIGHT: John Profaci

Looking for a way to ease the pain and bring joy to children who lost parents on 9/11, New Jersey cyclist John Profaci started The Colavita Foundation for Children. The Colavita Racing team member wanted to do something immediate for the children, as the larger companies were focusing their generosity on things such as college funds and trusts for the victim's families.



Both children and adults enjoyed the bike rides and other activities during Family Fit Day.

"Thinking back on my own childhood and how excited and happy my own children are when we talk about going to the bike shop, the perfect gift was obvious," he explained. Thanks to John's efforts and the cooperation of government agencies and other charitable organizations, several hundred gift certificates for Trek bicycles were given to the children. "I met with many of the families and they were very appreciative," John said. "and I did see the smiles I hoped for."



The United Way of Essex and West Hudson on behalf of the surviving parents awarded special appreciation and praise to the Colavita Foundation for Children for doing something fun for the kids. *(cont. page 2)*

Member Spotlight cont.

The Colavita Foundation went forward with its mission to offer help and hope to children who suffer losses from catastrophic events or whose lives have been saddened by economic hardship. Since 9/11, the Foundation has worked with the New Jersey Fresh Air Fund by providing new bikes and helmets to the various camps for inner city children. Presently, they work with Healthy Kids Challenge (www.healthykidschallenge.org) and Cooking Light Magazine to encourage children and their parents to lead active and healthy lifestyles.

Parent company Colavita USA is now sponsoring health events such as the Colavita Cup, Tour of Maplewood, and Family Fit Day. The Colavita Foundation hopes to put smiles on the faces of many more children for years to come. If you want to learn more about this program or find out how you can help, visit www.colavitafoundation.org.



Marty Nothstein (far left) often volunteers with the Colavita Foundation. John Profaci (2nd from right) stands with his son and other Family Fun Day participants.

Going back for Davis—by Scott Coady with Davis Phinney



Scott Coady and Davis Phinney at the finish line in Philly

If you are like me, one of the most thrilling aspects of our sport is being on a team - training and working hard together. For the past three years I have been a part of Lance Armstrong's grass roots team of fundraisers know as the Peloton Project, and I am very near completing my self declared goal of raising \$100,000 for the LAF through the screening of my film called *The Tour Baby!*

A couple of years ago, I ran into Davis Phinney at Lance's annual celebration and ride in Austin Texas, the Ride for the Roses. He had recently lost his father to cancer and was there supporting the LAF even though he himself was battling Parkinson's disease. I gave him a copy of my film, and he called the next day to tell me how much he loved the film and to offer to host a screening in his home town of Boulder, Colo. Wow! The winningest American cyclist, Olympic bronze medalist, and two-time Tour de France stage winner was now on my team, pulling hard for me!

And pull hard he did. He invited some of his cycling buddies, dug into his old cycling bag and put up some of his Tour de France jerseys for silent auction, and packed the 930 seat Boulder Theater. Davis and his old teammates came up big for me and we raised a ton of money for the LAF.

But being on a team means both receiving and giving support to your teammates. That is why I am so excited about the event we are having on Sunday morning, July 17th at the Arlington Cinema N' Draffhouse in Arlington, Va. We will be showing live coverage of the Tour de France on a big screen to benefit both the Lance Armstrong Foundation and the Davis Phinney Foundation.

Davis Phinney created the Davis Phinney Foundation to support curative research and wellness programs for those with Parkinson's disease. He is in the race of his life, and just like in the Tour de France, there is a time limit, and if he doesn't make it, he will be put out of the race. And Davis Phinney is determined not be put out of the race.

To carry the Tour de France analogy a bit further, Davis is having a bad day in the mountains, suffering, bonking, off the back. We have a chance to go back for Davis to pull him to the finish before the time limit, to keep him in the race, so he can deliver more victories for us down the road. (*cont. page 3*)

Going back for Davis cont...

To find out more about our official OLN airing of Stage 15 to Plat d'Adet, live on the big screen, please visit www.route1velo.com for all the event details. There are plenty of cool raffles and a silent auction for many signed items. All proceeds will co-benefit the LAF and DPF. Help us pack the house for two fabulous charities and enjoy the Tour de France from a comfortable seat!

A note from Davis Phinney:

The tag line of the Davis Phinney Foundation (DPF) is 'every victory counts,' and as with many of our analogies it comes from bike racing. Back in the day, we used to sprint for just about anything: town signs, mailboxes, cows, you name it. And of course the rider who got there first would savor and acknowledge the moment with an all important victory salute. These days the salute is much the same but the victories are defined differently. A good cup of coffee, a hug, a smile - little things, but important things. For anyone living with disability, especially something like Parkinson's Disease, it is all too easy to be dragged down by the disease and to drag those around you down as well. But by making sure to acknowledge, and to celebrate, the little victories in your day you define the positive points in your life. So, just as we once strove to win bike races, now we strive to win, as Scott writes, an altogether different type of race. Acknowledge your triumphs, throw your arms to the sky - every victory counts. YES!

2-time Olympian Sinibaldi wins 18th national age-group championship at 91



Above: Sinibaldi (far right) on the SS Manhattan on his way to Nazi Germany for the 1936 Olympics. Below: 91-year-old Sinibaldi competed in the '05 National Championship time trial where he posted a 1:03:02.



At 91-years-old, John Sinibaldi is the oldest member licensed by USA Cycling by over 10 years. The two-time Olympian (1932 and 1936) made his way to Utah last month to shoot for his 18th national age-group national championship title in the time trial.

After posting a time of 1:03:02 in his race against the clock, Sinibaldi rode back to a cheering crowd. It was a difficult feat in the hot and dry conditions of Antelope Island, but the legend came in with a smile on his face nevertheless.

Later in the evening, as stars and stripes jerseys were awarded to the newest national champions in downtown Park City, Sinibaldi received a standing ovation from the crowd—not only for his age but also for his lifetime of cycling achievements.

John won his first race in 1928 at the age of 15 and competed for the U.S. in the 1932 Games in Los Angeles and in the 1936 Games in Berlin. He held the national 100 kilometer individual time trial record of 2 hours and 25 minutes for over 50 years. In 1997, he took his rightful place in the U.S. Bicycling Hall of Fame.

In October, John will turn 92, and he still rides his bike 30-40 miles a day, five days a week, 7,000+ miles a year.

John's secret to a long life:

Eat your vegetables...Work in the garden...Listen to classical music...Walk barefoot whenever possible...Avoid TV as much as you can...Read the paper front to back every day and work the crossword puzzle...Eat red meat sparingly...Don't smoke...Hug all the girls at every opportunity...And ride your bike like crazy.

CLUB OF THE MONTH: Skylands Cycling

Skylands Cycling is a fairly young club, having started with only 7 riders in 2002. Now in its third year, the club boasts a strong membership of 140. Not only do members grow junior and women's cycling in New Jersey, but they also organize an above average number of events in the area.

"Like most clubs, we have a tough time attracting junior cyclists," explained Club President Bob Cary. "Because there are so many things competing for kids' attention." The club's junior recruitment initiatives include free jerseys for junior racers, one-on-one coaching and free race entries. "I think the most significant contribution to junior racing that our club makes is the Can-Am Junior Challenge," Cary said. This two-day race is low key and features a friendly environment for kids to give bike racing a try.

Twelve women race for Skylands Cycling this year, compared to 3 last year. The growth of the women's program is partly due to the fact that it is designed and run by the women in the club. Like juniors, women also race for free.

Many members are converted from unattached riders during the club's various events throughout the season. The club puts on an above average amount of races each year. "Our members seem to truly enjoy volunteering at our races," Cary said. On tap for 2005 are a Tuesday night training series, mass start hill climb, juniors only stage race, women only stage race, criterium, fall criterium series, cyclocross series, the state road championships for juniors age 10-14, the state cyclocross championships, and a mountain bike race.

Skylands Cycling members have some racing accomplishments under their belts as well. Just last year, Bob Cary won two gold, two silvers, and two bronzes on the track at the 2004 Pan Am Masters Championships in Cuba. Club member John Manailovich also won a bronze at that event, and Heather Labance just recently won the women's 30+ New Jersey state time trial championships.

In addition to a full calendar of racing, club members still find the time to provide trail maintenance on the mountain bike trails at Wawayanda State park and to make individual efforts benefitting organizations like the MS Society and the Jersey Battered Women's Services.

For more information on Skylands Cycling, please visit www.skylandscycling.com.



Left: Racers line up for the start of the 2005 Can-Am Junior Challenge.



Above: Bob Cary posting the top time in the 2005 Readington Time Trial.

JULY/AUGUST CALENDAR

July 8-24	International Cycling Classic/Superweek	Wisconsin
July 9-10	UCI Mountain Bike World Cup	Angel Fire, NM
July 10	Southeast Reg'l Championships AMBC	Anniston, Ala.
July 15-17	NORBA National	Schweitzer Mountain, Idaho
July 16	WORS Cup AMBC	Merrimac, Wi
July 22-24	NORBA National	Snowmass Village, Colo.
July 25-31	International Tour de Toona	Altoona, Pa.
Aug. 6-7	NORBA National	Brian Head, Utah
Aug. 10-13	Elite Track National Championships	Carson, Calif.
Aug. 14	Chevron Manhattan Beach Grand Prix	Manhattan Beach, Calif.
Aug. 19-21	NORBA National	Snowshoe, W.Va.
Aug. 20	Blast the Mass	Snowmass Village, Colo.
Aug. 21	USPRO Criterium Championships	Downers Grove, Ill.
Aug. 23-27	Masters Track National Championships	Indianapolis, In.
Aug. 26	Chris Thater Memorial	Binghamton, NY
Aug. 26-28	NORBA National	Mt. Snow, Vt.
Aug. 27	Fall Classic MTB Stage Race	Breckenridge, Colo.